## **COACHING TIPS AND TRICKS**

## **INFORMATION NIGHT FOR NEW COACHES**

If you are new to coaching and would like to have the knowledge to prepare and hold a netball coaching session for all than this is for you.

WHEN:	Wednesday 27 <sup>th</sup> March
TIME:	6.00pm to 7.30pm
WHERE:	Nelson Bay Netball Club House
COST:	nil

WHAT TO BRING: Pen and paper and lots of enthusiasm.

WEAR: Comfortable clothes that you could "train in".

**TO REGISTER:** Please email <u>netball@nelsonbay.com</u> by Saturday 23<sup>rd</sup> March.

Numbers will be limited to 30

Thank you Bronwyn Sherman