



- j. The GA passes to the WA who has reoffered to the top of the circle
  - k. WA passes to the GS who shoots
  - l. GK picks up the ball and moves to take the throw in to restart the drill
2. Coaches can adjust the drill by altering i. the C passes to the WA on a split lead instead of the GA, WA would then pass to the GS leading outside the circle, GS to pass to the GA leading into the circle, GA shoots
3. Other movements and passes can be changed at the coaches discretion 4
4. Defenders can become more active, e.g. both GK's could defend all of the GS movements, if they intercept the ball the drill continues as if they rebounded it
5. Other defenders could be added e.g. on the split lead

Source: Netball Australia: GameOn! Issue 10, 2009